

Testimonials From Participating Families

"The staff are exceptional, very caring and professional."

"Mom says, 'They don't treat old people like they have all lost their minds.' Mom appreciates being treated with respect and has said so many times."

"Dad gets great care and enjoys attending. I feel secure knowing he is getting the best care possible with dignity and compassion."

"The staff is great. Ratio of staff to clients makes a great difference. Great variety and lots of love. Mom feels very content and happy there."

"Dad is very happy at Daybreak and tells me what entertainment was provided each day. I would like to thank all of the staff for taking good care of him."

Washoe County Human Services Agency Mission Statement

"The mission of the Human Services Agency (HSA) of Washoe County Senior Services is to promote the health, safety and well-being of children, adults, and seniors who are vulnerable to abuse, neglect and exploitation. We provide an array of protective and supportive services to families and individuals to enhance their quality of life by ensuring they are optimizing their self-reliance and self sufficiency, as we strive to have a strengthened, safe, and thriving community"

For general information, please call

Washoe County Human Services Agency -
Senior Services
(775) 328-2575

or

Visit our website at:

www.washoecounty.us/seniorsrv

This institution is an equal opportunity provider and an equal opportunity employer.



Daybreak Adult Day Health Care Program



Washoe County Human Services Agency
- Senior Services
1155 E. Ninth Street
Reno, NV 89512
775-328-2575
www.washoecounty.us/seniorsrv



Daybreak Client Services

- ◆ **Case Management:** Utilizing an interdisciplinary team approach with a Licensed Social Worker and certified case manager:
 - Conducts needs assessments and evaluations.
 - Develops individuals plans of care.
 - Assists in discharge planning.
 - Provides information and referral.
 - Promotes healthy care giving.
- ◆ **Nursing:** Staff observes and monitors health status as well as administers and monitor medications.
- ◆ **Rehabilitation:** Occupational, physical, recreational, specialized exercises and speech therapy are available.
- ◆ **Psycho-Social Intervention:** Social intervention (for participant and family) with individuals and group counseling available as well as follow-up.
- ◆ **Activity Programs:** Planned social and recreation along with extensive activities for mental and physical stimulation are offered daily.
- ◆ **Nutritional Program:** Includes mid-day meal and snacks, dietary counseling and education.

Client Registration

- ◆ Prospective clients may apply directly to the *Daybreak* program or they may be referred by a physician or community agency.
- ◆ An intake interview is required to determine eligibility.
- ◆ Entrance to the program is dependent upon available space and completion of the medical assessment and required forms.
- ◆ Contracts with Nevada Medicaid, Veterans Administration and Caregivers respite funds are available.

For Information

Call:

775-328-2591

The Daybreak Program is a community based adult day healthcare program where a sense of place and belonging is fostered.

Resources for Families

The Daybreak Program offers group care during the day in a safe, comfortable environment, comfortable for disabled persons.

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This unique program provides a wide spectrum of services under the supervision of a qualified nursing staff.

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Participants may attend the program from 7:30am to 5:30 pm one or more days a week, Monday through Friday. Note the program is closed for Federal Holidays.

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Respite for family - Daybreak provides relief for the caregiving family, allowing them to continue with their personal activities and employment.

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Overcoming Isolation - The group setting aids participants in overcoming the isolation which often occurs with illness. It also aids in maintaining physical health and emotional well-being.